Rotational Programme

Ward C31
Ward D57
Ward B3
Acute Medical and Surgical Admissions
ROTATION

NUHprecep

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Staff information

We are here for you
INTRODUCTION

NUH is very proud to offer the Rotation Programme to ALL Band 5 Staff Nurses. It is an 18-month rotation programme, working for 6 months or 9 months within different areas following a specific pathway, i.e. Acute Medicine, Trauma Pathway, Medical Pathway and Surgical Pathway. It is a great opportunity to gain knowledge and experience within different areas of nursing.

The Preceptorship Team will be working closely with the clinical areas to ensure that both the Band 5 nurse/s on rotation and the ward staff are very well supported.

As part of the rotation programme, they will receive:

- Preceptorship support from Clinical Educators within each area, alongside the Trust’s Preceptorship Team and their own allocated preceptor in the clinical area
- Access to courses such as the Acute Care Skills Course and Preceptorship Development Day
- 4-month formal preceptorship:- informal preceptorship up to 1 year
- Protected learning time in the first year of practice
- A bespoke Preceptorship Pathway Booklet to structure their rotation programme

For more information, please contact:
Lucy Gillespie, Preceptorship Support Nurse, Ext 76944/76943.
Acute Admissions

ROTATION

This rotation would ideally suit a Band 5 Staff Nurse interested in working in a fast-paced, varied environment, caring for patients presenting with a wide variety of illness or injury. You will need to be adaptable and willing to learn. You will be working at the front door of NUH, caring for patients and their relatives during the most difficult and frightening moments in their lives. It will sometimes be challenging but also incredibly rewarding.

**Description:** RAU is a 20-bedded acute respiratory assessment unit.

**Patient group:** Respiratory patients needing acute respiratory care, including exacerbations of COPD, Asthma, bronchiectasis, Interstitial Lung Disease, Lung Cancer, Cystic Fibrosis, Pneumonia and Pleural Effusions. Your clinical skills will develop in the assessment of the acutely ill patient and supporting the immediate treatment of the respiratory patient. You will have opportunity to develop knowledge around nurse led Non-Invasive ventilation and the interpretation of blood gas readings.

**Patient pathway:** Patients are admitted to RAU from ED and the Community. These referrals can be via EMAS, Respiratory nurses, GPs, community matrons. If a decision is made to admit we transfer to a respiratory base ward at City Hospital.
**Berman 1 Hyper Acute Stroke Unit**

**Description:** Berman 1 is a 16-bedded hyper-acute stroke admission unit.

**Patient group:** All patients with acute stroke will be referred to the unit and triaged by the nurse in charge. The triage system means that patients are seen and treated in a timely manner which is crucial for this patient group and prevents unnecessary admissions to other areas.

**Patient pathway:** The unit admits patients directly from the community via 999 and GP referrals. Some patients may have had a severe stroke and need immediate treatment and admission, whilst others may have had a TIA and will frequently go home the same day. Those that need to stay in hospital will be transferred to a stroke – rehab ward based at City Hospital.

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**Emergency Department (ED) Blue Team**

**Description:** The ED at QMC is one of the busiest EDs in Europe. We see, diagnose and treat approximately 400-500 patients every day.

**Patient group:** Blue Team (aka majors) cares for a wide range of adult patients, directly after admission to ED. Any adult who is considered to require a trolley and stable enough to not require care in the resuscitation room will be cared for in Blue Team. Typical examples of patients in Blue Team are: Acutely unwell patients (cardiac chest pain, severe abdominal pain, respiratory distress etc), Frail, elderly patients, Falls risk patients, Intoxicated Patients, Mental health patients (including overdose and self-harm patients), Orthopaedic patients, Surgical patients

**Patient pathway:** This rotation would allow staff nurses to work within Blue Team. This area is also known as the ‘Majors’ area within ED where patients are cared for due to a wide variety of presenting complaints. Patients enter Blue Team via IAU (the Initial Assessment Unit - the area where patients arrive by ambulance and are subsequently triaged). Patient’s will either be admitted to a hospital bed or discharged from Blue Team.

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**Career development and newly qualified support:** Every newly qualified nurse will be incorporated within the preceptorship programme and will have a ‘main’ preceptor and an ‘associate’ preceptor. There are designated clinical educators in each of the clinical areas to enable support, progression and learning. The opportunities are endless.

**Vision statement:** These clinical areas aim to deliver exceptional care, without exception.
This rotation would ideally suit a Band 5 Staff Nurse interested in Respiratory, Renal, Diabetes, rheumatology and endocrinology mixed with acute medicine. There is opportunity to develop skills in admissions, complex discharges, and acute care skills and the nursing challenges addressed in each of these specialist areas.

**Description:** C53 is a 29-bedded acute medical ward specialising in Rheumatology. C54 is a 28-bedded male ward specialising in Diabetes and Endocrinology. Both wards are in our Medicine Division.

**Patient group:** On C54 we treat a mixed age of male patients, with acute medical problems, majority of diabetes and endocrine patients. On C53 our patients start from 16 years onwards and we deliver care to both males and females with a huge array of medical conditions.

**Patient pathway:** Usually patients are sent to us from the admission wards and we will treat them for their various medical conditions and ensure a safe and prompt discharge with or without support where required.
**Fleming/Berman 2 Wards**

**Description:** Fleming is a 31-bedded respiratory ward and Berman 2 is a 12-bedded respiratory ward. Both are based at our City Hospital.

**Patient group:** Our patients have a wide range of respiratory conditions including COPD, Lung Cancer, Cystic Fibrosis, Asthma and Pneumonia. We also care for patients with chest drains, tracheostomies, and Non-Invasive-Ventilation (NIV).

**Patient pathway:** The majority of respiratory patients will present via the Respiratory Assessment Unit, which is based on City Hospital, however our patient pathway is variable from ITU/HDU step downs, our Emergency Department and any other medical receiving unit.

**Bramley/Carrel Wards**

**Description:** Bramley ward is a 20-bedded nephrology ward caring for medical and surgical patients. Carrel is a 12-bedded level 1 unit that cares for patients with acute kidney injury, chronic kidney disease and kidney transplants.

**Patient group:** Patients are admitted for the full range of renal replacement therapies such as haemodialysis and peritoneal dialysis. With this patient group there is excellent opportunity for clinical development including such skills as cannulation, central line care, venepuncture, renal transplantation and much more. There is also a 5 day renal foundation course that all new staff are required to attend.

**Patient pathway:** Patients are admitted when acutely unwell, requiring treatment such as extra haemodialysis, antibiotics and kidney biopsies.

**Career development and newly qualified support:** We offer a 4 to 8 week supernumerary period, a named preceptor and follow the adult preceptorship pathway. The ward will support additional training and there are opportunities in link nurse roles to enhance your development and develop leadership skills. We offer a comprehensive education packages to enable you to have the skills to enhance patient care and promote your professional development.

**Vision statement:** We aim to provide safe high quality care that is respectful of individual needs and behaviours. We are proud of our teamwork ethic in providing great opportunities to progress in your career. The strength of the nursing team is each individual nurse. The strength of each member is the team.
Acute Medical and Surgical Admissions

This rotation would ideally suit a Band 5 Staff Nurse interested in Acute Medical and Surgical Admissions. Each of these units is fast paced and covers a vast array of medical and surgical conditions. Acute Care skills will be paramount and clinical knowledge and learning will be supported by the existing teams and clinical nurse educators within the units.

**Ward D57**

**Description:** D57 is a 30-bedded acute medical assessment unit.

**Patient group:** Many of our patients are acutely medically unwell, frail and vulnerable with a variety of complex medical and social needs.

**Patient pathway:** We admit emergency medical patients from ED and GP assessment unit who are expected to stay in hospital for more than 24 hours. We assess, treat and transfer more than 180 patients every week.
### Ward B3

<table>
<thead>
<tr>
<th>Description: B3 is a very busy 45 bedded short-stay admissions unit, which includes a GP referral unit, AMRU (Acute Medical Receiving Unit). The majority of patients will stay on the ward for a maximum of 24-48 hours.</th>
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<tbody>
<tr>
<td>Patient group: Patients admitted to the unit will have acute medical conditions that need hospital admission and a variety of investigations before this decision can be made. Common admissions are: shortness of breath, chest pain, severe headaches, abdominal pain, sepsis, drug and alcohol related problems, diabetic conditions, seizures or a variety of other non-specific or unconfirmed diagnosis which are waiting for specialties to accept. Our patients can be acutely unwell and require urgent and prompt treatment.</td>
</tr>
<tr>
<td>Patient pathway: Patients are admitted to the unit via ED or the Acute Medical Receiving Unit which is attached to B3.</td>
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<tr>
<td>Vision statement: We are a forward-thinking proactive multi-disciplinary team who work very closely together and are dedicated in providing excellent, compassionate acute nursing care.</td>
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### Ward C31

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<thead>
<tr>
<th>Description: C31 is a 24-bedded admissions ward at QMC caring for short-stay emergency surgical admissions</th>
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<tbody>
<tr>
<td>Patient Group: Admissions are for a variety of differing specialty surgical patients including; General, Hepatobiliary, Colorectal, and Vascular. You will develop skills not only in acute surgical admissions but also acute care skills, tissue viability, complex wounds and pain management.</td>
</tr>
<tr>
<td>Patient pathway: Patients are admitted via GP referrals, admission wards and ED. We have a nationally recognised Surgical Triage Unit, where patients are referred and assessed, that has won awards for excellence and innovation.</td>
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</table>

**Career development and newly qualified support:** As a new staff member in all these areas you will receive a supernumerary period and a named preceptor who will support you in completing local induction and role-required packages. To achieve our vision of excellence we actively encourage and support our team to progress by learning new skills, completing packages and learning beyond registration.

**Vision statement:** In Admissions, every day is challenging but rewarding. We pride ourselves in our excellent teams who strive to achieve the best outcomes and experience for our patients.
Cancer & Associated Specialties

This rotation would ideally suit a Band 5 Staff Nurse interested in emergency care in a supportive environment. Based within the CAS division, you will have a particular interest in the Oncology and Haematology pathway. You will need to be highly motivated, keen to develop clinical skills (such as caring for the acutely unwell patient) as well as willing to undertake the relevant ‘working in new ways packages’ to care for this calibre of patient.

**Description:** The Specialist Receiving Unit (SRU) is a 16-bedded admissions unit based at City Hospital.

**Patient group:** The unit accepts emergency admissions under the specialities of Haematology, Renal, Oncology, Infectious Diseases, GU Medicine and Diabetes.

**Patient pathway:** Patients are admitted from a range of sources. Many are direct admissions from home: others come from ED, Outpatient and Daycase settings. The majority of patients are transferred to a base ward within 12-24 hours, with a few being discharged directly once they have received the required interventions.
**Haematology or Oncology**

**Description:** Oncology has three ward areas: Fraser (18 Beds Female), Gervis Pearson (18 beds Male) and Hogarth (14 beds including the Teenage Cancer Trust unit). Haematology has two ward areas: Toghill is a general haematology ward with 22 Beds and Fletcher is the transplant unit with 18 beds with 3 beds dedicated to the Teenage Cancer Trust.

**Patient group:** Our Oncology service is the largest cancer facility in the East Midlands. The Oncology Unit provides cancer treatment with both curative and palliative intents and specialises in research into the development of treatment for a wide range of malignant diseases. Patients may receive chemotherapy, radiotherapy, biological and immunological therapies. Nottingham is a nationally-recognised transplant unit for adults with haematology malignancy and a specialist tertiary service for lymphoma, myeloma and other haematological malignancies.

**Patient pathway:** Emergency admissions via SRU and elective admissions from home. The Clinical Haematology department is a leading specialist unit providing a full range of progressive therapies for a variety of malignant and non-malignant haematological conditions. Treatment options are curative or palliative in intent and involve the administration of chemotherapy and/or radiotherapy. These interventions are technical and highly aggressive in nature, owing to the life-threatening nature of these diseases.

**Palliative Care Unit–Hayward House**

**Description:** Hayward House is a 20-bedded palliative care unit.

**Patient group:** The majority of our patients have a terminal cancer diagnosis but we do take non-cancer patients for symptom control and end-of-life care. Our patients have complex symptom control issues which we are able to support them with to return home.

**Patient pathway:** We take referrals from both the hospital and community palliative care teams and GPs.

**Career development and newly qualified support:** We offer a 2-4 week supernumerary period, a named preceptor and follow the adult preceptorship pathway. We are a friendly team who support each other and new staff members to work in this unique and challenging area. You will have access to a clinical nurse educator in speciality placements and various educational opportunities throughout the rotation.

**Vision statement:** We are committed to high quality evidence-based care, which is provided by a highly dedicated, knowledgeable and skilled multi-disciplinary team. Our units aim to provide positive learning environments demonstrating commitment to ongoing personal and professional development of staff. We are a friendly and supportive team and would welcome enthusiastic and self-motivated nurses to join us.
**Neuro and Spinal ROTATION**

This rotation would ideally suit a Band 5 Staff Nurse interested in care of the Spinal and Neurological patient pathway. It will follow patients both pre and post-operatively and neurology patients from admission to discharge. The ideal candidate will also have a keen interest in developing acute care skills, patients’ rehabilitation and complex discharge planning.

**Ward D8/NSPU**

**Description:** D8 is a 29-bedded regional spinal unit. NSPU is a 12-bedded neuro and spinal post-operative unit.

**Patient group:** Each care for spinal patients following a variety of elective and emergency surgery and, in the case of the ward, continues that care prior to discharge to rehabilitation units. Patients are often acutely unwell, requiring close monitoring using EWS, spinal observations and Glasgow coma scale.

**Patient pathway:** Patients are admitted via admissions wards and ED as well as directly transferred for specialist care from other hospitals. Many patients are also stepped down from acute care areas such as HDU/AICU.
**Ward D10/D11**

**Description:** Wards D10 and D11 are both regional 28-bedded neuroscience wards caring for emergency and elective patients from all over the East Midlands.

**Patient group:** The unit cares for many neurological patients requiring surgery for brain tumours or trauma as well as those with Motor Neurone Disease, Multiple Sclerosis and Epilepsy requiring admission for symptom control such as uncontrolled seizure activity. Nursing skills in these areas require acute care skills as well as care of surgical drains, NG and PEG feeds and tracheostomies.

**Patient pathway:** Patients are admitted via admissions wards and ED as well as directly transferred for specialist care from other hospitals. Many patients are also stepped down from acute care areas such as HDU/AICU.

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**Linden Lodge**

**Description:** Linden Lodge is a 25-bedded specialist neuro and spinal rehabilitation unit for patients of varying ability and age.

**Patient group:** Neuro-rehabilitation nurses play an active role in helping patients achieve their goals which might include independence with activities of daily living, self-medication, and independence with continence.

**Patient pathway:** Patients are admitted via a referral system, primarily from neuro wards or other wards, if they have appropriate rehabilitation goals.

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**Career development and newly qualified support:** All areas offer a period of supernumerary time working alongside a named preceptor. We follow the Trust-wide preceptorship pathway and offer a local induction programme. We have clinical educators in post who are responsible for the additional learning needs you will have on this rotation. There are excellent opportunities for career development and to work in a multi-disciplinary team alongside dieticians, speech and language therapists, doctors, occupational therapists, physiotherapists and psychologists.

**Vision statement:** The neuro and spinal teams are dynamic and hardworking providing excellent evidence-based care for a very specialist patient group. We are committed to investing in our team and work hard to support our new colleagues in what can be a challenging but rewarding environment.
Renal and Urology

This rotation would ideally suit a Band 5 Staff Nurse interested in caring for acutely unwell patients who are undergoing both medical and surgical interventions. There will be opportunity to develop understanding of the physiological systems, but also the pathological changes that occur in disease processes and related conditions. The candidate would spend 9 months in each clinical area developing their clinical competencies.

**Description:** Bramley ward is a 20-bedded nephrology ward caring for medical and surgical patients. Carrel is a 12-bedded Level 1 unit that cares for patients with acute kidney injury, chronic kidney disease and kidney transplants.

**Patient group:** Patients are admitted for the full range of renal replacement therapies such as haemodialysis and peritoneal dialysis. With this patient group there is excellent opportunity for clinical development including such skills as cannulation, central line care, venepuncture, renal transplantation and much more. There is also a 5 day renal foundation course that all new staff are required to attend.

**Patient pathway:** Patients are admitted when acutely unwell, requiring treatment such as extra haemodialysis, antibiotics and kidney biopsies.
**Description:** Harvey 2 is a 27-beded male Urology Ward

**Patient group:** Patients are admitted both electively and in emergency for a variety of reasons. Some will require very minor interventions to others who will have major operations. We also run a Daycase unit and a 24 hour helpline to provide reassurance to patients and avoid unnecessary readmissions.

**Patient pathway:** Patients can be admitted via GP referrals, ED, admission wards or directly to the ward by self-referrals for known urology patients. The unit is fast-paced and requires nurses to undertake additional working in new ways packages.

**Career development and newly qualified support:** Newly qualified staff will receive a 4 week induction programme where there will be opportunity to build knowledge and establish relationships with specialist nurses and arrange insight visits to associated clinical areas.

**Vision statement:** The units are committed to providing the highest standards of care and maintaining consistently high standards in a professional and friendly atmosphere.
Renal, Urology and Oncology

ROTATION

This rotation would ideally suit a Band 5 Staff Nurse interested in caring for acutely unwell patients who are undergoing both medical and surgical interventions, with a particular interest in oncology. There will be opportunity to develop understanding of the physiological systems, but also the pathological changes that occur in disease processes and related conditions. The candidate would spend 6 months in each clinical area developing their clinical competencies.

**Description:** Harvey 2 is a 27-bedded male Urology Ward

**Patient group:** Patients are admitted both electively and in emergency for a variety of reasons. Some will require very minor interventions to others who will have major operations. We also run a Daycase unit and a 24 hour helpline to provide reassurance to patients and avoid unnecessary readmissions.

**Patient pathway:** Patients can be admitted via GP referrals, ED, admission wards or directly to the ward by self-referrals for known urology patients. The unit is fast-paced and requires nurses to undertake additional working in new ways packages.
**Gervis Pearson Ward**

**Description:** Gervis Pearson is an 18-bedded male Oncology ward. Our oncology service is the largest cancer facility in the East Midlands. The Oncology Unit provides cancer treatment with both curative and palliative intents and specialises in research into the development of treatment for a wide range of malignant diseases. The patients will have a variety of oncology malignancies including Testicular, Prostate, Bladder and Renal cell cancer.

**Patient pathway:** Emergency admissions via SRU and elective admissions from home.

**Bramley/Carrel Ward**

**Description:** Bramley ward is a 20-bedded nephrology ward caring for medical and surgical patients. Carrel is a 12-bedded Level 1 unit that cares for patients with acute kidney injury, chronic kidney disease and kidney transplants.

**Patient group:** Patients are admitted for the full range of renal replacement therapies such as haemodialysis and peritoneal dialysis. With this patient group there is excellent opportunity for clinical development including such skills as cannulation, central line care, venepuncture, renal transplantation and much more. There is also a 5 day renal foundation course that all new staff are required to attend.

**Patient pathway:** Patients are admitted when acutely unwell, requiring treatment such as extra haemodialysis, antibiotics and kidney biopsies.

**Career development and newly qualified support:** Newly qualified staff will receive a 4-6 week induction programme where there will be opportunity to build knowledge and establish relationships with specialist nurses, develop learning with clinical educators and arrange insight visits to associated clinical areas. All new staff will have a named preceptor and follow the adult preceptorship pathway.

**Vision statement:** The units are committed to providing the highest standards of care and maintaining consistently high standards in a professional and friendly atmosphere. Continuing professional development is encouraged and supported.
This rotation would ideally suit a Band 5 Staff Nurse interested in the surgical admissions pathway and colorectal surgery. There will be opportunity to develop skills in the admissions process, stoma care, wound care, pre and post-op care and developing skills in the care of acutely unwell patients. This is an 18 month rotation with 9 months in each clinical area.

**Ward C31**

**Description:** C31 is a 24-bedded admissions ward at QMC, caring for short-stay emergency surgical admissions.

**Patient group:** Admissions are for a variety of differing speciality surgical patients including: General, Hepatobiliary, Colorectal, and Vascular. You will develop skills not only in acute surgical admissions but also acute care skills, tissue viability, complex wounds and pain management.

**Patient pathway:** Patients are admitted via GP referrals, admission wards and ED. We have a nationally-recognised Surgical Triage Unit, where patients are referred and assessed, that has won awards for excellence and innovation.
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<thead>
<tr>
<th><strong>Ward E14</strong></th>
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<tr>
<td><strong>Description:</strong> E14 is a 28-bedded colorectal surgical ward based at QMC.</td>
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<tr>
<td><strong>Patient group:</strong> Our patients under the colorectal speciality are often undergoing either elective or emergency surgery for bowel cancers or other bowel diseases. Our surgeons are forward thinking and much of our surgery is now done laparoscopically. We follow the principals of Enhanced Recovery after Surgery and have close links with the colorectal nurse specialists, stoma nurse specialists, the Acute Pain Service and the Critical Care Outreach Team.</td>
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<tr>
<td><strong>Patient pathway:</strong> Most of our patients are admitted through the Surgical Triage Unit or admissions ward, for emergencies or planned elective admissions from home. The elective admissions are admitted in the Elective Admissions Lounge and come to the ward post-operatively. We also take step down patients from critical care areas.</td>
</tr>
<tr>
<td><strong>Career development and newly qualified support:</strong> As a new staff member in all these areas you will receive a supernumerary period and a named preceptor who will support you in completing local induction and role-required packages. To achieve our vision of excellence we actively encourage and support our team to progress by learning new skills, completing packages and learning beyond registration.</td>
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<tr>
<td><strong>Vision statement:</strong> We pride ourselves in our excellent teams who strive to achieve best outcomes and experience for our patients. We are looking for individuals that are highly motivated and willing to expand their knowledge and practical skills to continue to deliver evidence-based patient-centred care.</td>
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Where did you do your Nurse Training?
University of Nottingham

What attracted you to the Rotation Programme?
Mainly the different skills I would pick up during my rotation, I felt it would consolidate my pre reg training knowledge and enable me to see the body as a whole system as renal-cardio-respiratory are so intertwined. I also liked the idea of being contracted to move on- I met quite a few NQN’s during my training who felt stuck in their jobs and unable to move and that prospect worried me.

What do you consider to be the benefits of doing a Rotation Programme?
The transferable skills, not just professional ‘nursing’ skills but the communication and interpersonal skills that develop from being members of different teams throughout NUH. I have found that it’s so beneficial to have knowledge from other areas and fresh ideas and new ways of working – it only enhances your nursing care.

What advice would you give to a newly qualified nurse about to begin the Rotation Programme?
Try to relax, with the help of a preceptor on the ward and the preceptorship team (particularly Lucy, rotation lead) everything soon falls into place 😊

Thinking back over the time you have been qualified what are the highlights for you and your career so far?
Receiving nice feedback about the care I have given from patients, relatives and colleagues, it really makes my day!

What are your future aspirations for your career?
At the minute I continuously change my mind, however I have always had a desire to work in the community!