

A woman with brown hair tied back, wearing purple scrubs, is smiling and holding a newborn baby. The baby is wrapped in a white blanket with colorful patterns and has its mouth open. The background is a blurred hospital setting with blue walls and some equipment. The image is overlaid with three colorful speech bubble shapes containing the words 'care', 'achieve', and 'grow'.

**care**

**achieve**

**grow**

**nursing &  
midwifery**  
at NUH

## Introduction

Since joining NUH, I have been so impressed with the work of our Nursing and Midwifery teams, and the welcoming culture of the organisation.

We have so much to be proud of here and I'm delighted to showcase some of our key achievements and demonstrate what is unique about nursing and midwifery in Nottingham. With over 4,000 registered nurses and midwives, we are one of the largest acute hospitals in the country, offering careers in a range of specialties with a national reputation for many of our services, including major trauma, neurosciences, stroke and cancer services.

We provide compassionate, safe and thoughtful care, and provide our staff with opportunities to grow and develop their careers.

We are renowned for our education and research opportunities, and the training and mentorship our staff receive, and I hope this leaflet gives you a flavour of our successes.

It is my vision for NUH to be nationally and internationally renowned centre of excellence for Nursing and Midwifery, consistently providing the very best care to patients, families, carers and our staff.

*Mandie*

Mandie Sunderland  
Chief Nurse



Nottingham University Hospitals **NHS**  
NHS Trust

# What Shared Governance means to me

*“ It gives me power in my hands to make real change for the better ”*

Shared Governance puts you in the driving seat.

Our Nursing & Midwifery Councils empower frontline staff to make a real difference in the areas where they work.

To find out more contact Nursing Development on ext 57392 or see @SharedGovNUH on Twitter.

**listen act improve**

*We are here for you*

## Leading from the frontline

**We are home to the most advanced programme of Shared Governance in any UK hospital. Nottingham is fast developing a reputation as a leader in this field. Shared Governance places power in the hands of frontline nurses and midwives, giving them the chance to influence decision-making as close to patients as possible.**

Wards and departments are supported to create their own councils, who feed in to senior teams. Over 25 councils have been set up, with more in the pipeline, and in the summer of 2015, NUH hosted its own Shared Governance conference with hospitals from around the country visiting to learn more.

Nottingham University Hospitals **NHS**  
NHS Trust

# Listen, act, improve



## The chance to grow

All nursing and midwifery staff at NUH are supported by a proactive Nursing Development department. Our preceptorship schemes for Newly Qualified Nurses include an acute care skills programme for all staff who we are committed to supporting throughout their careers, encouraging them to be the best they can be.

We have a full programme of research and training opportunities available, some of which have taken our nurses around the world. Highlights of the past 12 months include staff travelling to the USA on the Roosevelt Scholarship scheme and Dermatology Nurse Consultant Sandra Lawton being invited to appear as keynote speaker at an Australian dermatology conference.

## Award-winning

**NUH is committed to recognising the contribution its staff make, and holds an annual Nurse and Midwife of the Year competition.**

Winners are voted for by fellow staff and the public, and for the last two years the overall winner has a Nottingham tram named after them – meaning their work is recognised across the city. We also hold our annual NUHonours awards for staff from across the hospital, which culminate in a glamorous awards ceremony each November.

Our staff are regulars at national awards ceremonies, with winners and shortlistings in the Health Service Journal Awards, Nursing Times Awards and the NHS Recognition Awards in the last year alone. We are renowned both nationally and internationally for our work.





## Research and innovation

NUH is at the forefront of research, and our nursing and midwifery staff are a key part of this. In the last year four nurses have gained their doctorates, 12 nurses/midwives are currently studying at doctorate level and there are a growing number of staff with masters level research training and internships. We are fully committed to supporting

all to be evidence based practitioners in order to ensure the best possible outcomes for patients and staff.

They have also been the driving force behind amazing innovations like the Pocket Midwife app – a UK first which we hope will soon be in use by hospitals around the country.

care

achieve

grow



nottinghamhospitals



@nottmhospitals



@nuhnursing

[www.nuh.nhs.uk](http://www.nuh.nhs.uk)