

Welcome to NUH Newsletter

Preceptorship Issue

Congratulations for being successful on your interview and thank you for choosing to work with us in Nottingham University Hospitals NHS Trust!

Your preceptorship at NUH is very important to us. So we wanted to tell you about your preceptorship team and what support we can offer you in your first year as a registered Nurse.



**Alison
Dinning**



**Louise
Bolton**



**Lucy
Gillespie**



**Donna
Buckley**



**Katie
Wallis**



**Sam
Hopcroft**

We are the preceptorship team for adult nurses. We are here to support you during your preceptorship period, your first year post qualifying. Our aim is to make your transition from student nurse to staff nurse as smooth as possible.

As a team, we are very passionate about supporting newly qualified nurses so if you have a query about training, your preceptorship period or need some extra support then please contact us – **we are here for you.**

We are based at Derwent house, City Campus, but you won't always find us in the office so the best way to contact us is via phone or e-mail:

**0115 9691169 Ext: 76944 / 76943
07976190007**

(manned 8am - 4pm but answer machine thereafter)

preceptorshipteam@nuh.nhs.uk

We're also available on Twitter, so to see what we're up to please follow us [@nuhprecep](https://twitter.com/nuhprecep)
We're on Facebook too - we'll pass on those details to you once you're here!

Your Preceptorship experience is very important to us at NUH

Here are some of the things you can expect as part of your preceptorship:

Preceptorship Development Day

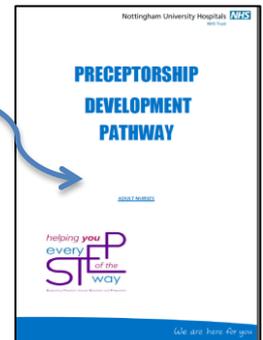
This is a multidisciplinary day that you'll attend covering key skills like time management delegation, looking after your health and well-being, assertiveness and compassion to name a few. We also look at all the opportunities available to you at NUH like scholarships and health and wellbeing. It's a really good opportunity to share experiences with other newly qualified nurses too.

The Preceptorship Development Pathway

The Preceptorship Development Pathway is a document that you will use for your entire first preceptorship year at NUH – it's similar to those you used as a student nurse and will track your progress and be your record of your achievement within that first year.

Inside, there are records of meetings with your preceptor and space to complete action plans of areas you may want to develop. Your preceptor will help you get to grips with this document so don't worry about understanding it completely now, just know that it exists and you'll need a copy!

It looks like this



IV Skills Drop In Sessions

These are held twice a month at both campuses at NUH. They are an opportunity to get valuable support in completing your IV pack. The facilitators from the preceptorship team will also offer any help with theory or maths sections and help you get your IV pack done so you can get going with them on the wards.

Facebook Peer Support



There is a Facebook Group for newly qualified nurse at NUH. This allows you to contact other newly qualified nurses and share experiences through social media. It is a closed group and allows you to discuss any issues you may have, whether it's where to find a study day or tips for time management there's always other staff with answers. Search NUH NQNsupport on Facebook, your membership won't be accepted until your first day.

The Acute Care Skills Foundation Programme

During your first 6 months at NUH you will attend the Acute Care Skills Foundation Programme. This is a 7 day course led by Alison Dinning, Critical Skills Educator.

This course covers an in depth A-E assessment, with specialist nurses teaching you about all aspects of patient assessment. It will help you develop your confidence when caring for sick patients in your ward area.

The course covers many areas including; adult hospital life support, pain management, sepsis, 8 pieces of key medical equipment and IV skills. Plus many more!

It will also give you the chance to meet other newly qualified nurses and share your first experiences on the ward.



The Newly Qualified Forum #NQF

The newly qualified forum is a group of passionate newly qualified nurses (adult and childrens) and midwives who are providing a voice for all newly qualified nurses and midwives at NUH.

This group was set up to raise the profile of newly qualified staff at NUH and provide you with representation to allow your voices to be heard. It is run by newly qualified nurses and supported by the preceptorship team.

The forum will be recruiting new members for your cohort after you start at NUH. If you're interested, please e-mail our team on : preceptorshipteam@nuh.nhs.uk and we can send you more information about it.



**Newly
Qualified
Forum**

#NQF

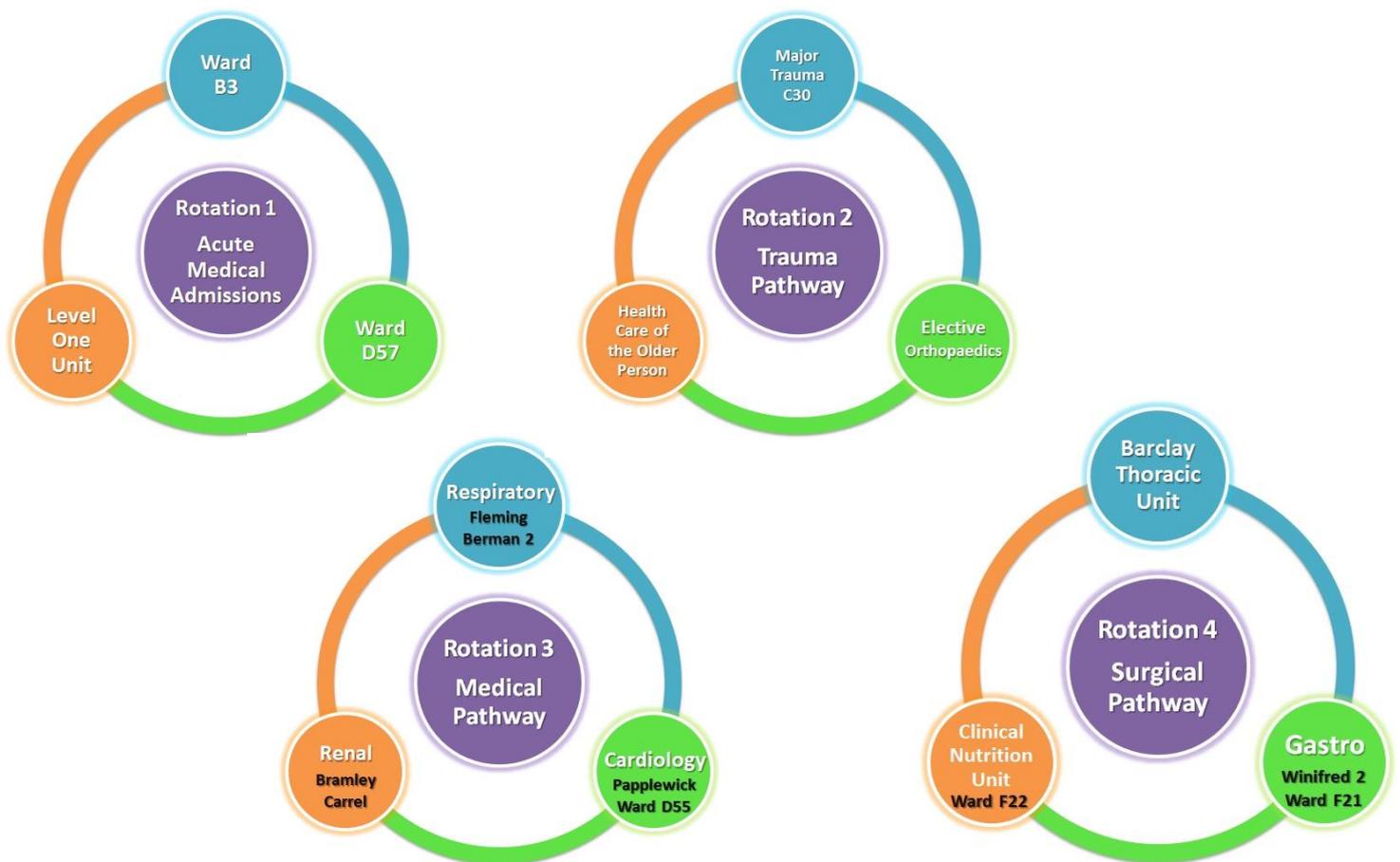
NUH Rotation Posts

NUH is very proud to offer the Rotation Programme to ALL Band 5 Staff Nurses. It is an 18-month rotation programme, working for 6 months within different areas following a specific pathway. It is a great opportunity to gain knowledge and experience within different areas of nursing.

The Preceptorship Team will be working closely with the clinical areas to ensure that both the Band 5 nurse/s on rotation and the ward staff are very well supported.

As part of the rotation programme, they will receive:

- Preceptorship support from Clinical Educators within each area, alongside the Trust's Preceptorship Team and their own allocated preceptor in the clinical area.
- Access to courses such as the Acute Care Skills Course and Preceptorship Development Day.
- 4-month formal preceptorship:- informal preceptorship up to 1 year.
- Protected learning time in the first year of practice.
- A bespoke Preceptorship Pathway Booklet to structure their rotation programme.



For more information, visit:

<http://www.nuh.nhs.uk/work-here/nursing-and-midwifery/a-career-at-nuh/rotation-opportunities/>

**We hope this has given you some information to look over,
looking forward to meeting you soon!**

*From,
Your preceptorship Team*

We are here for you