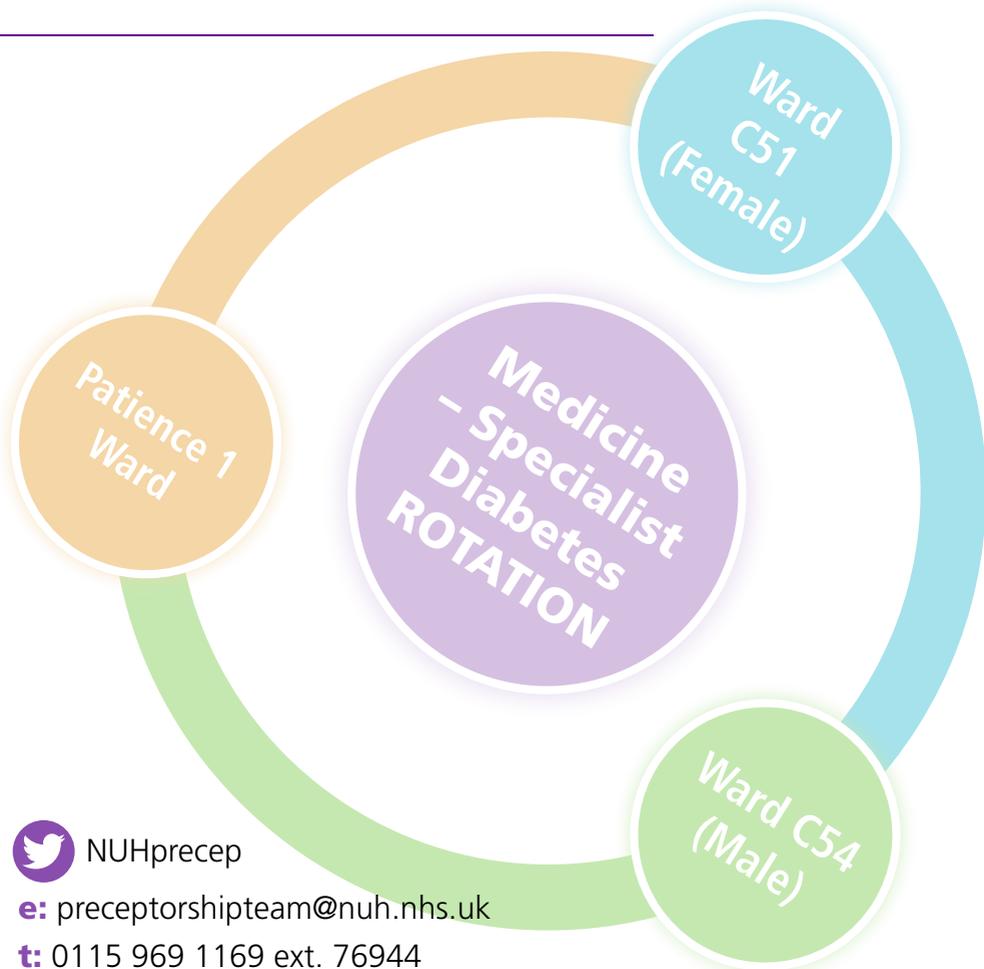


# Rotational Programme



NUHprecep

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# INTRODUCTION

NUH is very proud to continue to offer the Rotation Programme to ALL Band 5 Staff Nurses. It is an 18-month rotation programme, working for 6 or 9 months within different areas following a specific pathway. It is a great opportunity to develop the right knowledge and skills to deliver high quality patient care within different areas of nursing.

As part of the rotation programme, you will receive:

- Preceptorship support from Clinical Educators within each area, alongside the Trust's Preceptorship Team and their own allocated preceptor in the clinical area
- Access to courses such as the Acute Care Skills Course and Preceptorship Development Day
- Resilience-focused Clinical Supervision and learning workshops at 8 week intervals
- 4-month formal preceptorship: informal preceptorship up to 18 Months
- A bespoke Preceptorship Pathway portfolio to structure their rotation programme
- Careers guidance and development

Please note the areas and pathways are examples of previous and current rotations we are or have offered.

**For more information, please contact:**

Lucy Gillespie, Preceptorship Support Nurse

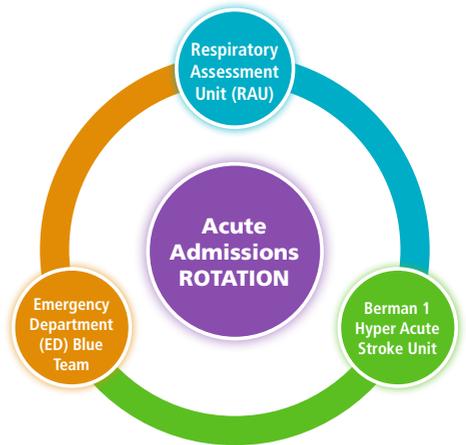
T: 0115 969 1169 ext 76944 | e: [lucy.gillespie@nuh.nhs.uk](mailto:lucy.gillespie@nuh.nhs.uk) | **Twitter:** @LucyHGillespie

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# Acute Admissions

## ROTATION



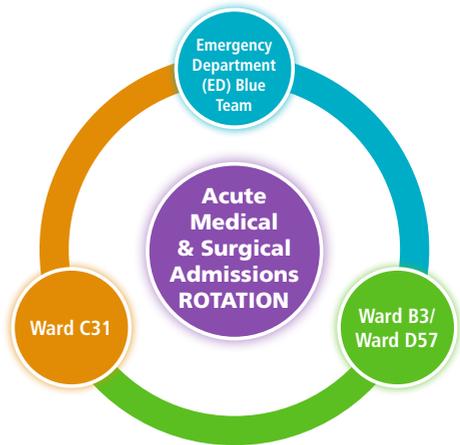
This rotation would ideally suit a Band 5 Staff Nurse interested in working in a fast-paced, varied environment, caring for patients presenting with a wide variety of illness or injury. You will need to be adaptable and willing to learn. You will be working at the front door of NUH, caring for patients and their relatives during the most difficult and frightening moments in their lives. It will sometimes be challenging but also incredibly rewarding.

**Career development and newly qualified support:** Every newly qualified nurse will be incorporated within the preceptorship programme and will have a 'main' preceptor and an 'associate' preceptor. There are designated clinical educators in each of the clinical areas to enable support, progression and learning. The opportunities are endless.

**Vision statement:** These clinical areas aim to deliver exceptional care, without exception.

# Acute Medical & Surgical Admissions

## ROTATION



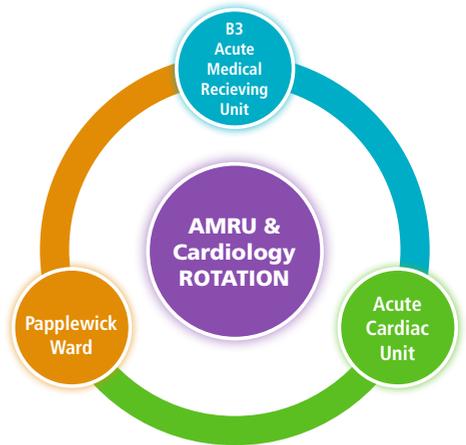
This rotation would ideally suit a Band 5 Staff Nurse interested in Acute Medical and Surgical Admissions. Each of these units is fast paced and covers a vast array of medical and surgical conditions. Acute Care skills will be paramount and clinical knowledge and learning will be supported by the existing teams and clinical nurse educators within the units.

**Career development and newly qualified support:** As a new staff member in all these areas you will receive a supernumerary period and a named preceptor who will support you in completing local induction and role-required packages. To achieve our vision of excellence we actively encourage and support our team to progress by learning new skills, completing packages and learning beyond registration

**Vision statement:** In Admissions, every day is challenging but rewarding. We pride ourselves in our excellent teams who strive to achieve the best outcomes and experience for our patients.

# Acute Medical Receiving Unit (AMRU) & Cardiology

## ROTATION



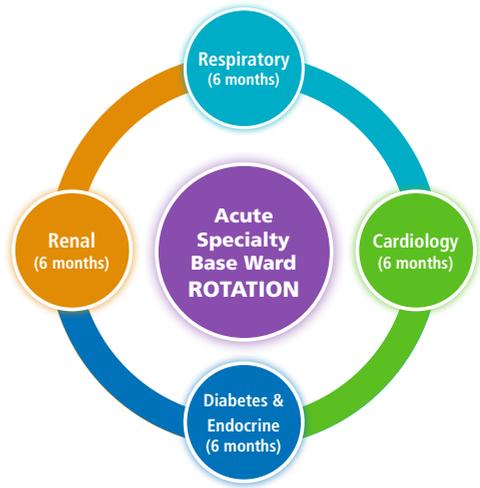
This rotation would ideally suit a band 5 staff nurse wanting to develop their specialist cardiology knowledge alongside acute medical admissions. The rotational opportunity will develop your abilities to prioritise care working in fast paced environments as well as deliver and plan care for patients with long term conditions. As with all our Cardiology areas we have a dedicated team of Educators who will support you in your learning needs and speciality knowledge throughout the rotation. We also have a variety of Clinical Nurse Specialists (CNS) within Cardiology- Heart Failure CNS, Arrhythmia CNS, Genetic CNS, Cardiology Rehab CNS, Research CNS and Cardiology Advanced Nurse Practitioners- during your time with us we will arrange for you to spend some time with these experienced nurses gaining a understanding of the clinical pathways available to our nurses.

**Career development and newly qualified support:** We support a minimum two week supernumerary period though in cardiology we give our newly qualified nurses a four week supernumerary period. We follow the Trust wide preceptorship programme and ensure you are able to attend the additional learning opportunities this provides. You will have the opportunity to complete a cardiology induction course ran by our clinical educators. In admissions our clinical educator is there to support you alongside the ward team.

**Vision statement:** To deliver exceptional care to our patients and each other.

# Acute Specialty Base Ward

## ROTATION



This rotation would ideally suit a Band 5 staff nurse wanting to cover 4 major specialities over 2 years. The candidate would spend six months in each of the following; Cardiology, Renal, Respiratory, Diabetes & Endocrinology. Current healthcare demands are based on complex patients with comorbidities across specialities. This rotation can develop confidence and competence in a base skill set and helps you expertly care for patients in any setting. Rotation programmes give candidates opportunities to develop acute care skills as well as critical thinking and leadership development. This is a fabulous foundation to any type of nursing role.

**Career development and newly qualified support:** We offer a minimum two week supernumerary period where you will have time to settle into the clinical areas. Alongside this we run the Trust wide preceptorship programme to develop and support you if you are a newly qualified nurse or new to acute care. We will also give you the opportunity to access insight from our specialist nurses within some of our clinical areas and clinical nurse educators to support your learning. There are excellent opportunities for career development and to work alongside our multidisciplinary team.

**Vision statement:** Delivering excellent patient care and investing in our staff to learn and develop.

# Cancer & Associated Specialties

## ROTATION



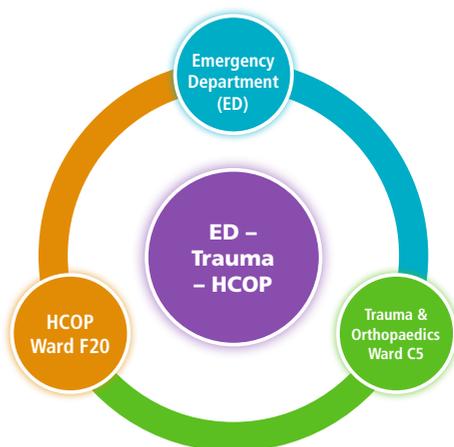
This rotation would ideally suit a Band 5 Staff Nurse interested in emergency care in a supportive environment. Based within the CAS division, you will have a particular interest in the Oncology and Haematology pathway. You will need to be highly motivated, keen to develop clinical skills (such as caring for the acutely unwell patient) as well as willing to undertake the relevant 'working in new ways packages' to care for this calibre of patient.

**Career development and newly qualified support:** We offer a 2-4 week supernumerary period, a named preceptor and follow the adult preceptorship pathway. We are a friendly team who support each other and new staff members to work in this unique and challenging area. You will have access to a clinical nurse educator in speciality placements and various educational opportunities throughout the rotation

**Vision statement:** We are committed to high quality evidence-based care, which is provided by a highly dedicated, knowledgeable and skilled multi-disciplinary team. Our units aim to provide positive learning environments demonstrating commitment to ongoing personal and professional development of staff. We are a friendly and supportive team and would welcome enthusiastic and self-motivated nurses to join us.

# ED – Trauma – HCOP

## ROTATION



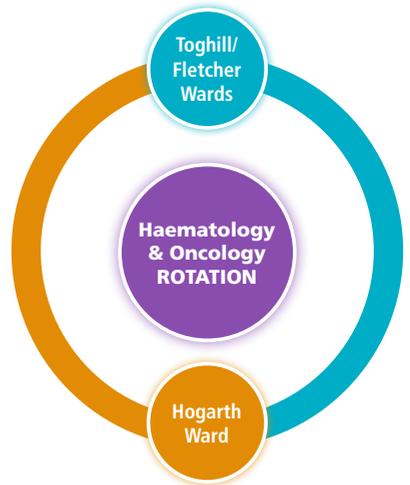
This rotation would ideally suit a Band 5 staff Nurse interested in the care of the older person and the pathway they may follow from admission to discharge. There will be the opportunity to develop acute care skills, post-operative care and complex discharge planning along with establishing and consolidating the nurse role. The candidate would spend 6 months in each clinical area developing their clinical competencies.

**Career development and newly qualified support:** All areas offer a supernumerary time working alongside a named preceptor following the Trust-wide preceptorship programme. There are many opportunities for career development and multi-disciplinary team working.

**Vision statement:** We pride ourselves on team work, learning and being forward thinking. There is an expectation to deliver a high standard of service with patient safety, quality and teamwork as a priority.

# Haematology & Oncology

## ROTATION



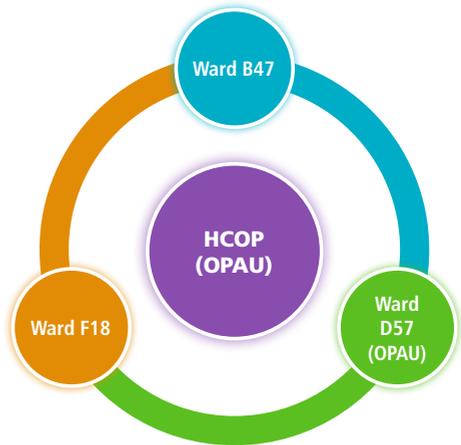
This Rotation would ideally suit a Band 5 Staff Nurse interested in Cancer care and the two very different specialties of oncology and haematology Nursing. You will need to be highly motivated, keen to develop clinical skills such as caring for the acutely unwell patient as well as willing to undertake the relevant working in new packages to care for this calibre of patients.

**Career development and newly qualified support:** We offer a 4 week supernumerary period, a named preceptor and follow the adult preceptorship pathway. The specialties offer a comprehensive educational programme led by the clinical educators.

**Vision statement:** We are committed to high quality evidence based care, which is provided by a knowledgeable and skilled multidisciplinary team. The Cancer and Associated Services Division aims to provide a positive learning environment demonstrating its commitment to ongoing personal and professional development of staff.

# HCOP (OPAU)

## ROTATION



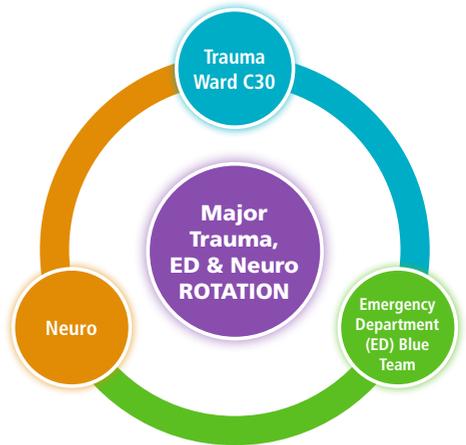
This rotation would ideally suit a band 5 staff nurse interested in the acute care of the older person, following a patient pathway through admissions to discharge. The candidate will have the opportunity to work in a variety of settings focussing on patients with existing frailty, mental health and dementia, social care and complex discharges.

**Career development and newly qualified support:** All areas offer a supernumerary time working alongside a named preceptor following the Trust-wide preceptorship programme. There are many opportunities for career development and multi-disciplinary team working.

**Vision statement:** We pride ourselves on team work, learning and being forward thinking. There is an expectation to deliver a high standard of service with patient safety, quality and teamwork as a priority.

# Major Trauma, ED & Neuro

## ROTATION



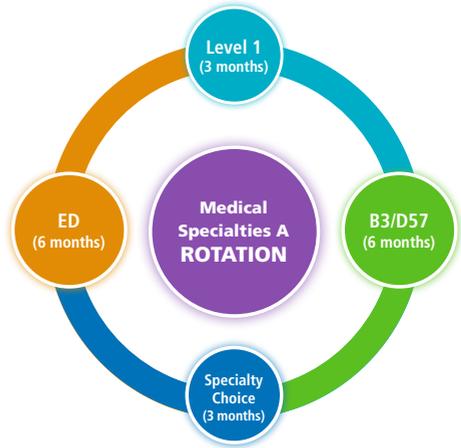
This rotation would ideally suit someone interested in caring for acutely unwell patients over a range of specialities. It would give the candidate an opportunity to establish skills in emergency admissions via ED and care of patients with a variety of surgical conditions.

**Career development and newly qualified support:** All areas offer a period of supernumerary time working alongside a named preceptor. We follow the Trust-wide preceptorship pathway and offer a local induction programme. We have clinical educators in post who are responsible for the additional learning needs you will have on this rotation. There are excellent opportunities for career development and to work in a multi-disciplinary team alongside dietitians, speech and language therapists, doctors, occupational therapists, physiotherapists and psychologists.

**Vision statement:** The neuro and spinal teams are dynamic and hardworking providing excellent evidence-based care for a very specialist patient group. We are committed to investing in our team and work hard to support our new colleagues in what can be a challenging but rewarding environment.

# Medical Specialties OPTION A

## ROTATION



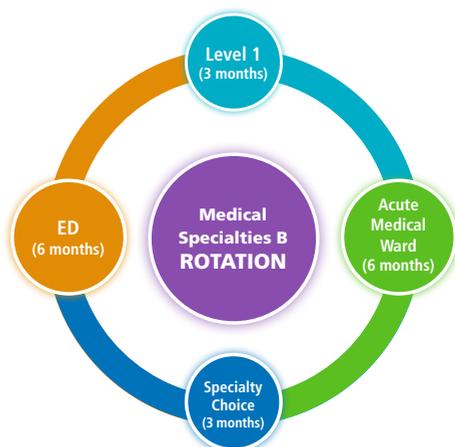
This rotation would ideally suit a band five staff nurse interested in developing their clinical knowledge and skills in the care of medical patients. This rotation will give candidates the opportunity to work across the admissions areas and on a short stay higher acuity area looking after a huge variety of conditions and presentations. Developing acute care skills and efficiency in prioritising and delegating, the candidate will also develop critical thinking skills and leadership. During the 3 month speciality placement they will be able to select an area of interest to them from the division.

**Career development and newly qualified support:** We offer a supportive induction programme to our clinical areas and a minimum two week supernumerary period. We follow the Trust wide preceptorship programme and a specialist foundation programme in our busy emergency department. You will have the support of our teams but also access to a wealth of knowledge and skills from our clinical nurse educators. We will also give you the opportunity to access our nurse specialist to further develop your knowledge and skills.

**Vision statement:** To deliver excellent patient care without exception.

# Medical Specialties OPTION B

## ROTATION



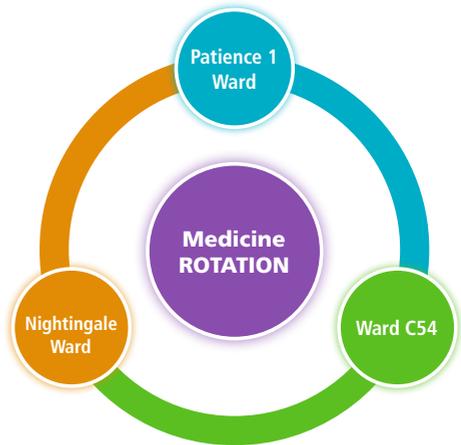
This rotation would ideally suit a band five staff nurse interested in developing their clinical knowledge and skills in the care of medical patients. This rotation will give candidates the opportunity to work across the admissions areas and on a short stay higher acuity area looking after a huge variety of conditions and presentations. Developing acute care skills and efficiency in prioritising and delegating, the candidate will also develop critical thinking skills and leadership. During the 3 month speciality placement they will be able to select an area of interest to them from the division.

**Career development and newly qualified support:** We offer a supportive induction programme to our clinical areas and a minimum two week supernumerary period. We follow the Trust wide preceptorship programme and a specialist foundation programme in our busy emergency department. You will have the support of our teams but also access to a wealth of knowledge and skills from our clinical nurse educators. We will also give you the opportunity to access our nurse specialist to further develop your knowledge and skills.

**Vision statement:** To deliver excellent patient care without exception.

# Medicine

# ROTATION



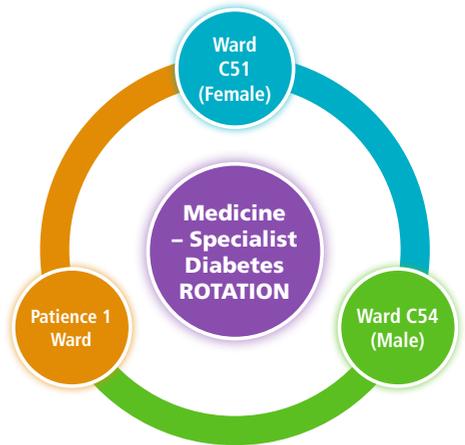
This rotation would ideally suit a Band 5 staff nurse interested in caring in a variety of medical specialties.

**Career development and newly-qualified support:** We offer a 4 week supernumerary period which can be assessed where necessary, a named preceptor and follow the adult preceptorship pathway. There is excellent opportunity for clinical development by completing Trust packages such as IV packages, blood packages. There will be the opportunity to develop leadership skills. The ward will support additional training and there are opportunities in link nurse roles to enhance your development.

**Vision statement:** We are proud of our teamwork ethic in providing high standards of safe care and providing great opportunities to progress in their career.

# Medicine – Specialist Diabetes

## ROTATION



**This rotation would ideally suit a Band 5 Staff Nurse interested in gaining experience in consolidating acute care skills and developing skills in the specialist management of a patient with diabetes. For experienced nurses there will be the opportunity to specialise in diabetic patient care with the view to developing the skills required to become one of our Diabetic Specialist Nurses.**

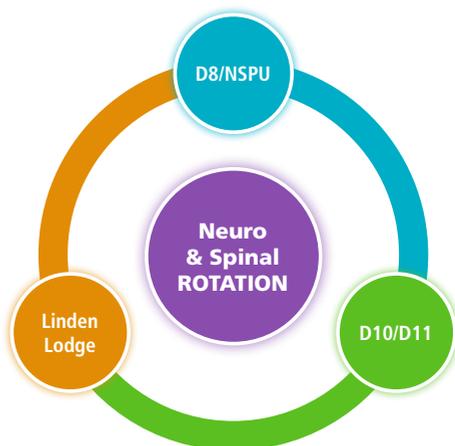
On completion of the 18 month programme you will have developed specialist skills in the following:

- Management of the newly diagnosed diabetic patient and maintenance treatment plans
- Management of patients suffering acute diabetic events such as hypo/hyper glycaemia and diabetic ketoacidosis
- Management of patients with other endocrine problems such as Addison's disease, electrolyte disturbances and thyroid gland issues
- Wound management of the patient with a diabetic foot ulcer to include management of tissue viability issues and surgical/vascular investigations and intervention

As well as the above specialist care you will also experience care and treatment of patients with a broad spectrum of acute medical conditions and care of the older person.

# Neuro & Spinal

## ROTATION



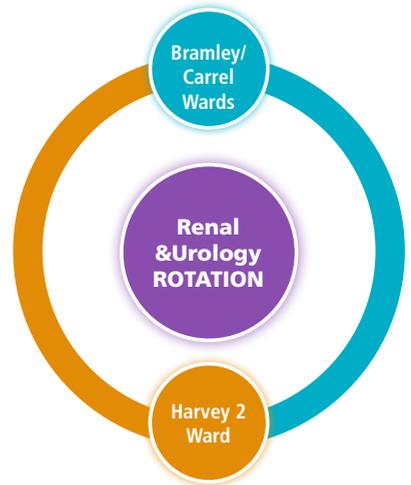
This rotation would ideally suit a Band 5 Staff Nurse interested in care of the Spinal and Neurological patient pathway. It will follow patients both pre and post-operatively and neurology patients from admission to discharge. The ideal candidate will also have a keen interest in developing acute care skills, patients' rehabilitation and complex discharge planning.

**Career development and newly qualified support:** All areas offer a period of supernumerary time working alongside a named preceptor. We follow the Trust-wide preceptorship pathway and offer a local induction programme. We have clinical educators in post who are responsible for the additional learning needs you will have on this rotation. There are excellent opportunities for career development and to work in a multi-disciplinary team alongside dieticians, speech and language therapists, doctors, occupational therapists, physiotherapists and psychologists.

**Vision statement:** The neuro and spinal teams are dynamic and hardworking providing excellent evidence-based care for a very specialist patient group. We are committed to investing in our team and work hard to support our new colleagues in what can be a challenging but rewarding environment.

# Renal & Urology

## ROTATION



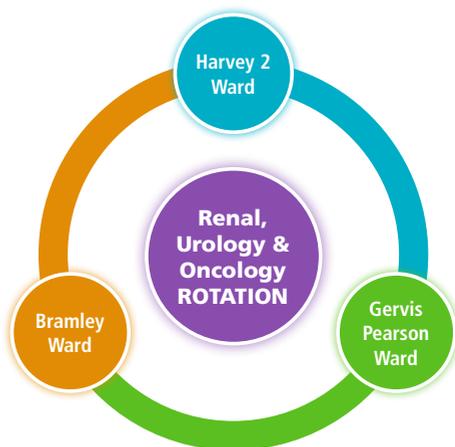
This rotation would ideally suit a Band 5 Staff Nurse interested in caring for acutely unwell patients who are undergoing both medical and surgical interventions. There will be opportunity to develop understanding of the physiological systems, but also the pathological changes that occur in disease processes and related conditions. The candidate would spend 9 months in each clinical area developing their clinical competencies.

**Career development and newly qualified support:** Newly qualified staff will receive a 4 week induction programme where there will be opportunity to build knowledge and establish relationships with specialist nurses and arrange insight visits to associated clinical areas.

**Vision statement:** The units are committed to providing the highest standards of care and maintaining consistently high standards in a professional and friendly atmosphere.

# Renal, Urology & Oncology

## ROTATION



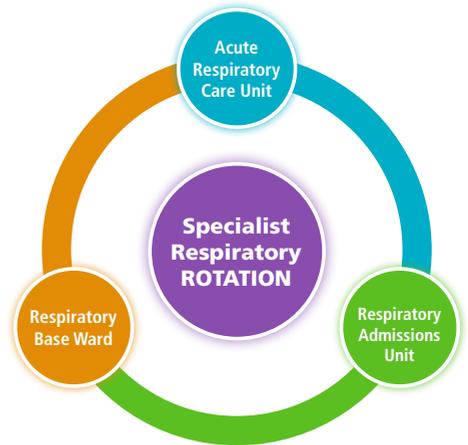
This rotation would ideally suit a Band 5 Staff Nurse interested in caring for acutely unwell patients who are undergoing both medical and surgical interventions, with a particular interest in oncology. There will be opportunity to develop understanding of the physiological systems, but also the pathological changes that occur in disease processes and related conditions. The candidate would spend 6 months in each clinical area developing their clinical competencies.

**Career development and newly qualified support:** Newly qualified staff will receive a 4-6 week induction programme where there will be opportunity to build knowledge and establish relationships with specialist nurses, develop learning with clinical educators and arrange insight visits to associated clinical areas. All new staff will have a named preceptor and follow the adult preceptorship pathway.

**Vision statement:** The units are committed to providing the highest standards of care and maintaining consistently high standards in a professional and friendly atmosphere. Continuing professional development is encouraged and supported.

# Specialist Respiratory

## ROTATION



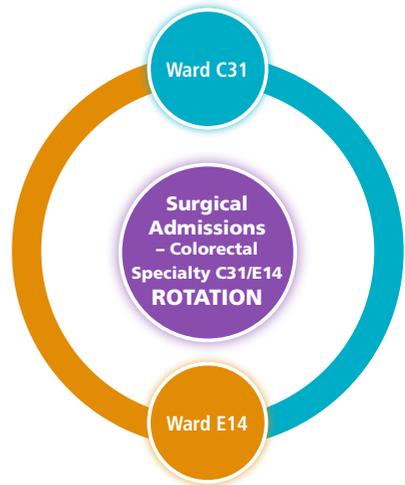
This rotation would ideally suit a band 5 staff nurse interested in the care of patients with respiratory conditions. These clinical areas care for patients often with long term conditions during acute phases of their illness. The candidates will develop acute care skills, specialist knowledge, role as a patient educator, end of life care and complex discharge procedures. Moving through the specialist they will care for patients across differing levels of acuity and with differing needs.

**Career development and newly qualified support:** The clinical areas offer a minimum two week supernumerary period and follow the Trust wide preceptorship programme. There will also be the opportunity to develop in a multi-professional team and be supported by our clinical nurse educators. You will also be expected to complete our respiratory induction programme and learn all about this fabulous speciality.

**Vision statement:** To deliver excellent care without exception to our patients and our colleagues.

# Surgical Admissions – Colorectal Specialty C31/E14

## ROTATION



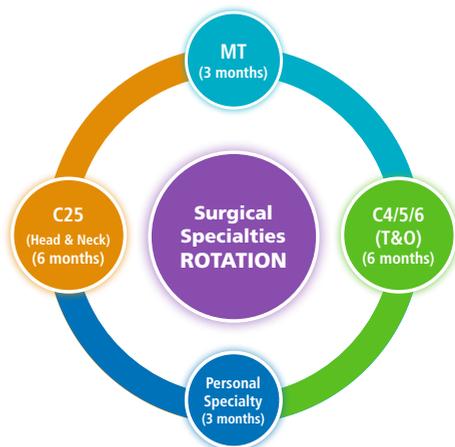
This rotation would ideally suit a Band 5 Staff Nurse interested in the surgical admissions pathway and colorectal surgery. There will be opportunity to develop skills in the admissions process, stoma care, wound care, pre and post-op care and developing skills in the care of acutely unwell patients. This is an 18 month rotation with 9 months in each clinical area.

**Career development and newly qualified support:** As a new staff member in all these areas you will receive a supernumerary period and a named preceptor who will support you in completing local induction and role-required packages. To achieve our vision of excellence we actively encourage and support our team to progress by learning new skills, completing packages and learning beyond registration.

**Vision statement:** We pride ourselves in our excellent teams who strive to achieve best outcomes and experience for our patients. We are looking for individuals that are highly motivated and willing to expand their knowledge and practical skills to continue to deliver evidence-based patient-centred care.

# Surgical Specialties OPTION A

## ROTATION



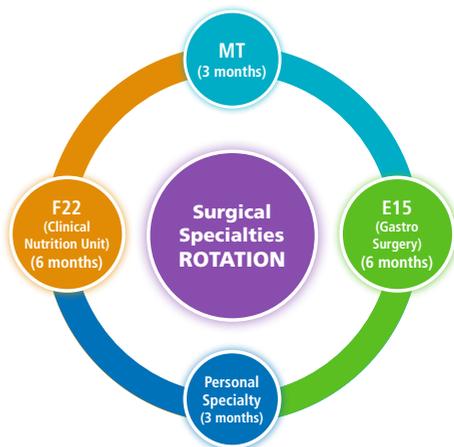
We have an exciting band 5 staff nurse, 18 month surgical rotation programme. It is a fantastic career development opportunity to work across the different specialties within the Surgical Division. It will expose you to nursing emergency care patients and developing your critical thinking, communication and leadership skills. Surgery can be an incredibly traumatic and anxious time for patients. You will also have the opportunity to choose your own speciality 3 month placement within the division. Come and be part of this excellent team to help them through this difficult time.

**Career development and newly qualified support:** All areas offer a period of supernumerary time working alongside a named preceptor. We follow the Trust-wide preceptorship pathway and offer a local induction and speciality foundation programme. We have clinical educators in post who are responsible for the additional learning needs you will have on this rotation. There are excellent opportunities for career development and to work in a multi-disciplinary team alongside dieticians, speech and language therapists, doctors, occupational therapists, physiotherapists and psychologists.

**Vision statement:** The Surgical teams are dynamic and hardworking providing excellent evidence-based care. We are committed to investing in our teams and work hard to support our new colleagues.

# Surgical Specialties OPTION B

## ROTATION



We have an exciting band 5 staff nurse, 18 month surgical rotation programme. It is a fantastic career development opportunity to work across the different specialties within the Surgical Division. It will expose you to nursing emergency care patients and developing your critical thinking, communication and leadership skills. Surgery can be an incredibly traumatic and anxious time for patients. You will also have the opportunity to choose your own speciality 3 month placement within the division. Come and be part of this excellent team to help them through this difficult time.

**Career development and newly qualified support:** All areas offer a period of supernumerary time working alongside a named preceptor. We follow the Trust-wide preceptorship pathway and offer a local induction and speciality foundation programme. We have clinical educators in post who are responsible for the additional learning needs you will have on this rotation. There are excellent opportunities for career development and to work in a multi-disciplinary team alongside dietitians, speech and language therapists, doctors, occupational therapists, physiotherapists and psychologists.

**Vision statement:** The Surgical teams are dynamic and hardworking providing excellent evidence-based care. We are committed to investing in our teams and work hard to support our new colleagues.

# Surgical Ward & Recovery

## ROTATION



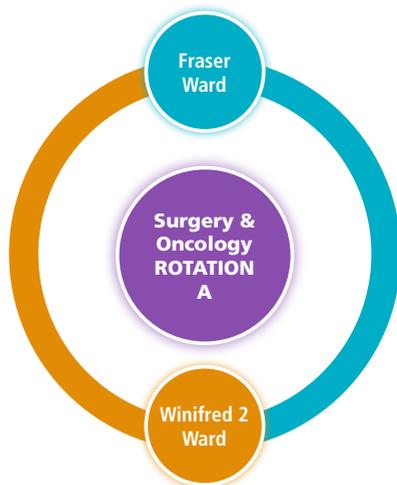
This rotation would ideally suit a band 5 staff nurse interested in surgery. Focussing on a patient pathway from recovery to ward based care of gastroenterology and thoracic patients. The candidate will have the opportunity to develop acute care skills in a variety of acuity settings. Developing a wide range of acute nursing care skills will be an integral part of this rotation.

**Career development and newly qualified support:** In line with the Trust standard, you will be allocated a preceptor and follow the preceptorship programme with 4 months of formal preceptorship followed by ongoing preceptorship up to 1 year. You will have access to the preceptorship development days and will attend the Acute Care Skills Course. You will be supported in completing WINW packages, including IV medication and PCA / Epidural Care. Initially, you will be supernumerary and during this time there will be opportunity for insight visits such as theatre, endoscopy and clinic.

**Vision statement:** We are a dynamic team who pride ourselves on our collaborative working with members of the multi-disciplinary team. We are committed to providing high quality care and this is reflected in our patient feedback results. We offer a friendly supportive environment and pride ourselves on teamwork. Our aim is to be the best for our patients and each other.

# Surgery & Oncology OPTION A

## ROTATION



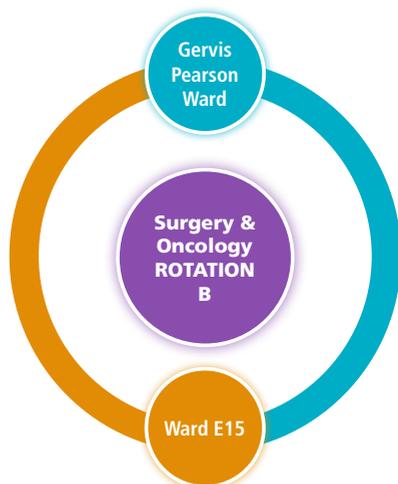
This rotation would ideally suit a Band 5 Staff Nurse interested in gaining experience from a surgical and an oncology clinical area following a patient pathway. The interested candidate would develop skills in care of the pre and post-operative patient, epidural, wound care, acute care skills, and management of the care of an oncology patient, pain relief, and symptom control. They would also benefit from working across Divisions developing interpersonal and organisational knowledge.

**Career development and newly qualified support:** We offer a Trust endorsed supernumerary period, a named preceptor and follow the adult preceptorship programme. We are a friendly team who support each other and new staff members to work in these unique and challenging areas. You will have access to a clinical nurse educator in speciality placements and various educational opportunities throughout the rotation

**Vision statement:** We are committed to high quality evidence-based care, which is provided by a highly dedicated, knowledgeable and skilled multi-disciplinary team. Our units aim to provide positive learning environments demonstrating commitment to ongoing personal and professional development of staff. We are a friendly and supportive team and would welcome enthusiastic and self-motivated nurses to join us.

# Surgery & Oncology OPTION B

## ROTATION



This rotation would ideally suit a Band 5 Staff Nurse interested in gaining experience from a surgical and an oncology clinical area following a patient pathway. The interested candidate would develop skills in care of the pre and post-operative patient, epidural, wound care, acute care skills, and management of the care of an oncology patient, pain relief, and symptom control. They would also benefit from working across Divisions developing interpersonal and organisational knowledge.

As part of this rotation opportunity whilst in E15 you will have the opportunity to work 30 hours on the ward and 7 1/2 hours a week with the nurse specialists. This will give you a fabulous opportunity to develop your skills and knowledge of your patient group.

**Career development and newly qualified support:** We offer a Trust endorsed supernumerary period, a named preceptor and follow the adult preceptorship programme. We are a friendly team who support each other and new staff members to work in these unique and challenging areas. You will have access to a clinical nurse educator in speciality placements and various educational opportunities throughout the rotation

**Vision statement:** We are committed to high quality evidence-based care, which is provided by a highly dedicated, knowledgeable and skilled multi-disciplinary team. Our units aim to provide positive learning environments demonstrating commitment to ongoing personal and professional development of staff. We are a friendly and supportive team and would welcome enthusiastic and self-motivated nurses to join us.

# Eloise Williams

**Rotation Candidate  
on Renal-Cardiology-  
Respiratory Pathway**

## Q&As

### **Where did you do your Nurse Training?**

University of Nottingham

### **What attracted you to the Rotation Programme?**

Mainly the different skills I would pick up during my rotation, I felt it would consolidate my pre reg training knowledge and enable me to see the body as a whole system as renal-cardio-respiratory are so intertwined. I also liked the idea of being contracted to move on- I met quite a few NQN's during my training who felt stuck in their jobs and unable to move and that prospect worried me.

### **What do you consider to be the benefits of doing a Rotation Programme?**

The transferable skills, not just professional 'nursing' skills but the communication and interpersonal skills that develop from being members of different teams throughout NUH. I have found that it's so beneficial to have knowledge from other areas and fresh ideas and new ways of working – it only enhances your nursing care.



### **What advice would you give to a newly qualified nurse about to begin the Rotation Programme?**

Try to relax, with the help of a preceptor on the ward and the preceptorship team (particularly Lucy, rotation lead) everything soon falls into place 😊

### **Thinking back over the time you have been qualified what are the highlights for you and your career so far?**

Receiving nice feedback about the care I have given from patients, relatives and colleagues, it really makes my day!

### **What are your future aspirations for your career?**

At the minute I continuously change my mind, however I have always had a desire to work in the community!

# Guide

## To NUH wards and services

### QMC

#### Acute Cardiac Unit

**Description:** A 20-bedded cardiology admissions unit that takes up to level 2 patients.

**Patient group:** Whilst working in this area you will develop and understanding of acute cardiac illness management, ECG and arrhythmia recognition, care of patients requiring level 2 support- CPAP, IABP and the care of patients suffering from an Acute Myocardial Infraction.

**Patient pathway:** The unit admits acute patients directly from the Emergency Department, direct admissions requiring urgent Primary Angioplasty from the community via EMAS and patients from QMC suffering from an acute cardiac illness.

#### Emergency Department (ED) Blue Team

**Description:** The ED at QMC is one of the busiest EDs in Europe. We see, diagnose and treat approximately 400-500 patients every day.

**Patient group:** Blue Team (aka majors) cares for a wide range of adult patients, directly after admission to ED. Any adult who is considered to require a trolley and stable enough to not require care in the resuscitation room will be cared for in Blue Team. Typical examples of patients in Blue Team are; Acutely unwell patients (cardiac chest pain, severe abdominal pain, respiratory distress etc), Frail, elderly patients, Falls risk patients, Intoxicated Patients, Mental health patients (including overdose and self-harm patients), Orthopaedic patients, Surgical patients

**Patient pathway:** This rotation would allow staff nurses to work within Blue Team. This area is also known as the 'Majors' area within ED where patients are cared for due to a wide variety of presenting complaints. Patients enter Blue Team via IAU (the Initial Assessment Unit - the area where patients arrive by ambulance and are subsequently triaged). Patient's will either be admitted to a hospital bed or discharged from Blue Team.

#### Level One Unit

We are a 12-bedded monitored unit for patients at risk of deterioration, accepting both male and female patients admitted from ED, AMRU, LJU, D57 and B3. Level 1 provides excellent learning opportunities. We will ensure that you receive preceptorship and induction periods during your rotation period in our team.

## Respiratory Assessment Unit (RAU)

**Description:** RAU is a 20-bedded acute respiratory assessment unit.

**Patient group:** Respiratory patients needing acute respiratory care, including exacerbations of COPD, Asthma, bronchiectasis, Interstitial Lung Disease, Lung Cancer, Cystic Fibrosis, Pneumonia and Pleural Effusions. Your clinical skills will develop in the assessment of the acutely ill patient and supporting the immediate treatment of the respiratory patient. You will have opportunity to develop knowledge around nurse led Non-Invasive ventilation and the interpretation of blood gas readings.

**Patient pathway:** Patients are admitted to RAU from ED and the Community. These referrals can be via EMAS, Respiratory nurses, GPs, community matrons. If a decision is made to admit we transfer to a respiratory base ward at City Hospital.

## Ward B3

**Description:** B3 is a very busy 45 bedded short-stay admissions unit, which includes a GP referral unit, AMRU (Acute Medical Receiving Unit). The majority of patients will stay on the ward for a maximum of 24-48 hours.

**Patient group:** Patients admitted to the unit will have acute medical conditions that need hospital admission and a variety of investigations before this decision can be made. Common admissions are: shortness of breath, chest pain, severe headaches, abdominal pain, sepsis, drug and alcohol related problems, diabetic conditions, seizures or a variety of other non-specific or unconfirmed diagnosis which are waiting for specialties to accept. Our patients can be acutely unwell and require urgent and prompt treatment.

**Patient pathway:** Patients are admitted to the unit via ED or the Acute Medical Receiving Unit which is attached to B3.

**Vision statement:** We are a forward-thinking proactive multi-disciplinary team who work very closely together and are dedicated in providing excellent, compassionate acute nursing care.

## Ward B47

**Description:** B47 is a 28 bedded mixed sex Medical Mental Health Unit.

**Patient Group:** Patients admitted to the unit are aged over 65yrs, suffering from an acute illness with pre-existing dementia or mental health condition; as well as patients with an acute confusion/delirium.

**Patient Pathway:** We receive patients from B3/D57 as well as other inpatient wards. We also accept medically unwell patients from inpatient mental health units. Our team comprises medical nurses, as well as a team of mental health nurses, a psychiatrist and activity coordinators. The focus of the ward is on the Biopsychosocial model of care as opposed to solely on the medical.

## Ward C30 (Trauma)

**Description:** C30 Major Trauma is a 18 bedded unit specialising in Major trauma. It opened in 2012 and provides multi-speciality care for those people who have sustained the most severe injuries.

**Patient Group:** Our patients are admitted following traumatic injuries, and have sustained injuries to more than one system. We span a variety of surgical specialties such as orthopaedics, general surgery (rib fractures, emergency laparotomy), spinal, neurosurgery and maxillofacial. The Major Trauma Consultant oversees care with input from the individual specialties. C30 average length of stay is 5 days.

**Patient pathway:** Patients are admitted via ED and critical care step down.

## Ward C31

**Description:** C31 is a 24-bedded admissions ward at QMC caring for short-stay emergency surgical admissions

**Patient Group:** Admissions are for a variety of differing specialty surgical patients including; General, Hepatobiliary, Colorectal, and Vascular. You will develop skills not only in acute surgical admissions but also acute care skills, tissue viability, complex wounds and pain management.

**Patient pathway:** Patients are admitted via GP referrals, admission wards and ED. We have a nationally recognised Surgical Triage Unit, where patients are referred and assessed, that has won awards for excellence and innovation.

## Ward C5 (Trauma & Orthopaedics)

**Description:** Orthopaedic Trauma comprises of 3 inpatient wards (C4, C5 and C6) and an outpatient department (Fracture Clinic). C4 is a 28 bedded female unit. C5 is a 28 bedded male and female unit. C6 is a 18 bedded male unit. Fracture clinic is an outpatient department located next to the Emergency department which includes a plaster room. All 4 areas are based at the Queens Medical Centre Campus.

**Patient group:** Our trauma wards and fracture clinic at QMC campus care for patients with musculoskeletal related trauma. Caring for a wide range of patients including the elderly frail patients, patients with Dementia as well as younger patients with trauma related injuries. Many of these patients require complex surgeries, some of which requiring the use of external fixation devices and traction.

**Patient Pathway:** Patients are admitted through A&E, Fracture Clinic or other hospitals following a traumatic injury causing a fracture. Some patients are admitted directly to the wards for emergency surgery whilst others are sent home whilst they await their surgery if safe to do so. Once they have had their surgery they will be assessed on the unit regarding their rehabilitation needs. Many of these patients will be sent directly home from the ward with Fracture Clinic follow up whilst others will need rehabilitation in an intermediate care facility.

## Ward C51 (female)

**Description:** C51 is a 24-bedded ward at QMC, caring for female patients.

**Patient group:** We receive patients from the admission areas (B3 and D57) and provide specialist care for patient's diabetic patients as well as a wide variety of medical issues including the needs of our elderly population.

**Patient pathway:** Patients with a primary diabetes related issue are identified for transfer into the ward whilst they are receiving initial treatment in the admission area which ensures that treatment and care is provided by our Diabetes Specialist Consultants.

## Ward C54 (male)

**Description:** C54 is a 28-bedded ward at QMC, caring for male patients.

**Patient group:** We receive patients from the admission areas (B3 and D57) and provide specialist care for patient's diabetic patients as well as a wide variety of medical issues including the needs of our elderly population.

**Patient pathway:** Patients with a primary diabetes related issue are identified for transfer into the ward whilst they are receiving initial treatment in the admission area which ensures that treatment and care is provided by our Diabetes Specialist Consultants.

## Ward D8/NSPU

**Description:** D8 is a 29-bedded regional spinal unit. NSPU is a 12-bedded neuro and spinal post-operative unit.

**Patient group:** Each care for spinal patients following a variety of elective and emergency surgery and, in the case of the ward, continues that care prior to discharge to rehabilitation units. Patients are often acutely unwell, requiring close monitoring using EWS, spinal observations and Glasgow coma scale.

**Patient pathway:** Patients are admitted via admissions wards and ED as well as directly transferred for specialist care from other hospitals. Many patients are also stepped down from acute care areas such as HDU/AICU.

## Ward D10/D11

**Description:** Wards D10 and D11 are both regional 28-bedded neuroscience wards caring for emergency and elective patients from all over the East Midlands.

**Patient group:** The unit cares for many neurological patients requiring surgery for brain tumours or trauma as well as those with Motor Neurone Disease, Multiple Sclerosis and Epilepsy requiring admission for symptom control such as uncontrolled seizure activity. Nursing skills in these areas require acute care skills as well as care of surgical drains, NG and PEG feeds and tracheostomies.

**Patient pathway:** Patients are admitted via admissions wards and ED as well as directly transferred for specialist care from other hospitals. Many patients are also stepped down from acute care areas such as HDU/AICU.

## Ward D57

**Description:** D57 is a 30-bedded acute medical assessment unit.

**Patient group:** Many of our patients are acutely medically unwell, frail and vulnerable with a variety of complex medical and social needs.

**Patient pathway:** We admit emergency medical patients from ED and GP assessment unit who are expected to stay in hospital for more than 24 hours. We assess, treat and transfer more than 180 patients every week.

## Ward F18 Older Persons Assessment Unit (OPAU)

**Description:** F18 is a 12-bedded acute Older Persons Assessment Unit, situated at QMC. The unit covers 7 days 8am-4pm and consists of a consultant, Registrar, Junior Dr, Advanced Nurse Practitioner, Staff Nurse, Pharmacist, and a member of the Supported Transfer Of Care team.

**Patient Group:** Our patients are older people who are at times frail and acutely unwell with conditions such as shortness of breath, chest infection, falls, acute kidney injury, and sepsis. They are referred from ED and admitted directly after input from a senior Dr or Advanced Nurse Practitioner

**Patient Pathway:** Our patients follow the Frailty Pathway from the Emergency Department following a set of criteria to ensure that are cared for in the most appropriate setting. Since its inception the OPAU has seen a significant reduction in length of stay and readmission rates. This has been recognised with local and national media interest.

## Ward F20 (HCOP)

**Description:** F20 is a busy acute medical ward delivering high quality nursing care to very dependent and frail older male citizens. We have 24 bay beds and 3 side rooms.

**Patient group:** We specialise in the care of older patients with complex medical conditions and mixed co-morbidities. You will develop your skills in caring for patients with multiple co-morbidities and supporting patients with complex discharge needs. There are many opportunities to develop acute care skills in this clinical environment.

**Patient Pathway:** Patients are admitted to us for ongoing assessment and treatment from the medical assessment areas. We work closely with a skilled multi-disciplinary team to ensure our patients received timely and holistic assessment and ongoing care.

# CITY HOSPITAL

## Barclay Thoracic Unit

**Description:** Barclay is a 22-bedded regional speciality Thoracic Surgery ward. We have 18 level 1 beds and 4 level 2 high dependency beds.

**Patient Group:** As a cancer centre for pulmonary and chest wall cancers we cover a large geographic area taking in all of Nottinghamshire, Lincolnshire, Derbyshire and parts of Leicestershire. We are also part of the Nottinghamshire major trauma unit and we receive emergency patients from A & E with major chest traumas. As a specialist Thoracic surgery unit we also do all the regional surgery for patients with other Thoracic disorders for example empyemas, pneumothoraces and chest wall deformities

**Patient pathway:** We admit patients from a variety of sources, electively from home, transfers from other hospitals, emergencies from our A & E or from tertiary Hospitals. The majority of our patients come to us from theatre and go to our level 2 unit. We work closely with Critical care, critical care outreach and with the Pain team.

## Berman 1 Hyper-Acute Stroke Unit

**Description:** Berman 1 is a 16-bedded hyper-acute stroke admission unit.

**Patient group:** All patients with acute stroke will be referred to the unit and triaged by the nurse in charge. The triage system means that patients are seen and treated in a timely manner which is crucial for this patient group and prevents unnecessary admissions to other areas.

**Patient pathway:** The unit admits patients directly from the community via 999 and GP referrals. Some patients may have had a severe stroke and need immediate treatment and admission, whilst others may have had a TIA and will frequently go home the same day. Those that need to stay in hospital will be transferred to a stroke – rehab ward based at City Hospital.

## Bramley/Carrel Wards

**Description:** Bramley ward is a 20-bedded nephrology ward caring for medical and surgical patients. Carrel is a 12-bedded Level 1 unit that cares for patients with acute kidney injury, chronic kidney disease and kidney transplants.

**Patient group:** Patients are admitted for the full range of renal replacement therapies such as haemodialysis and peritoneal dialysis. With this patient group there is excellent opportunity for clinical development including such skills as cannulation, central line care, venepuncture, renal transplantation and much more. There is also a 5 day renal foundation course that all new staff are required to attend.

**Patient pathway:** Patients are admitted when acutely unwell, requiring treatment such as extra haemodialysis, antibiotics and kidney biopsies.

## City Recovery

**Description:** Theatre recovery consists of 17 bay postoperative unit with two outlying areas, short stay orthopaedic recovery and three bays for maternity recovery situated on North corridor of City Hospital

**Patient group:** Provide care for patients for a wide variety of specialities including thoracic, burns and plastics, breast and renal surgery. Patients are mainly adults requiring elective surgery; however there are emergency operations carried out at this campus

**Patient pathway:** We receive patients from all specialties who require elective surgery; this gives staff the opportunity to provide care from a variety of settings. Staff can have the opportunity to provide A-E assessment, airway management, wound care and specific specialty care.

## Fraser Ward

**Description:** Fraser is an 18-bedded female Oncology ward.

**Patient group:** Our Oncology service is the largest cancer facility in the East Midlands. The Oncology Unit provides cancer treatment with both curative and palliative intents and specialises in research into the development of treatment for a wide range of malignant diseases. The patients will have a variety of Oncology malignancies including Breast, Gynaecological, Lung and Colorectal.

**Patient pathway:** Emergency admissions via Specialist Receiving Unit and elective.

## Gervis Pearson Ward

**Description:** Gervis Pearson is an 18-bedded male Oncology ward

**Patient group:** Our oncology service is the largest cancer facility in the East Midlands. The Oncology Unit provides cancer treatment with both curative and palliative intents and specialises in research into the development of treatment for a wide range of malignant diseases. The patients will have a variety of oncology malignancies including Testicular, Prostate, Bladder and Renal cell cancer.

**Patient pathway:** Emergency admissions via SRU and elective admissions from home.

## Harvey 2 Ward

**Description:** Harvey 2 is a 27-bedded male Urology Ward

**Patient group:** Patients are admitted both electively and in emergency for a variety of reasons. Some will require very minor interventions to others who will have major operations. We also run a Daycase unit and a 24 hour helpline to provide reassurance to patients and avoid unnecessary readmissions.

**Patient pathway:** Patients can be admitted via GP referrals, ED, admission wards or directly to the ward by self-referrals for known urology patients. The unit is fast-paced and requires nurses to undertake additional working in new ways packages.

## Hogarth Ward

**Description:** Hogarth has 14 beds including the Teenage Cancer Trust unit and care for patients with Cancers of varying types. Being the Teenage unit we also care for young adults with haematological cancers. Hogarth ward also has an oncology day case unit for planned minor procedures and triage patients.

**Patient Group:** Our Oncology service is the largest cancer facility in the East Midlands. The Oncology Unit provides cancer treatment with both curative and palliative intents and specialises in research into the development of treatment for a wide range of malignant diseases. Patients may receive chemotherapy, radiotherapy, biological and immunological therapies.

**Patient pathway:** Emergency patients are admitted admissions via the Specialist Receiving Unit and elective admissions from home.

## Haematology or Oncology

**Description:** Oncology has three ward areas: Fraser (18 Beds Female), Gervis Pearson (18 beds Male) and Hogarth (14 beds including the Teenage Cancer Trust unit). Haematology has two ward areas: Toghill is a general haematology ward with 22 Beds and Fletcher is the transplant unit with 18 beds with 3 beds dedicated to the Teenage Cancer Trust.

**Patient group:** Our Oncology service is the largest cancer facility in the East Midlands. The Oncology Unit provides cancer treatment with both curative and palliative intents and specialises in research into the development of treatment for a wide range of malignant diseases. Patients may receive chemotherapy, radiotherapy, biological and immunological therapies. Nottingham is a nationally-recognised transplant unit for adults with haematology malignancy and a specialist tertiary service for lymphoma, myeloma and other haematological malignancies.

**Patient pathway:** Emergency admissions via SRU and elective admissions from home. The Clinical Haematology department is a leading specialist unit providing a full range of progressive therapies for a variety of malignant and non-malignant haematological conditions. Treatment options are curative or palliative in intent and involve the administration of chemotherapy and/or radiotherapy. These interventions are technical and highly aggressive in nature, owing to the life-threatening nature of these diseases.

## Linden Lodge

**Description:** Linden Lodge is a 25-bedded specialist neuro and spinal rehabilitation unit for patients of varying ability and age.

**Patient group:** Neuro-rehabilitation nurses play an active role in helping patients achieve their goals which might include independence with activities of daily living, self-medication, and independence with continence.

**Patient pathway:** Patients are admitted via a referral system, primarily from neuro wards or other wards, if they have appropriate rehabilitation goals.

## Neuro

**Description:** Wards D10 and D11 are both regional 28-bedded neuroscience wards caring for emergency and elective patients from all over the East Midlands.

**Patient group:** The unit cares for many neurological patients requiring surgery for brain tumours or trauma as well as those with Motor Neurone Disease, Multiple Sclerosis and Epilepsy requiring admission for symptom control such as uncontrolled seizure activity. Nursing skills in these areas require acute care skills as well as care of surgical drains, NG and PEG feeds and tracheostomies.

**Patient pathway:** Patients are admitted via admissions wards and ED as well as directly transferred for specialist care from other hospitals. Many patients are also stepped down from acute care areas such as HDU/AICU.

## Papplewick

**Description:** A 26-bedded acute level 1 ward based at the City hospital.

**Patient group:** The area takes both elective and urgent patients suffering from Acute Myocardial Infarctions, cardiac arrhythmias, Acute Coronary Syndromes and patients who have structural heart disease. During your time in this area you will develop acute skills in caring for level 1 patients, post cardiac procedure care, an understanding of ECGs, cardiac monitoring and recognition of Arrhythmias.

**Patient pathway:** The unit admits from ACU and from other admission areas.

## Patience 1 Ward

**Description:** Patience 1 is a 14 bedded ward specialising in the care of patients with foot ulcers as a result of diabetes situated on North corridor of the City campus.

**Patient group:** We specialise in wound management for acute & chronic diabetic foot ulcers, working closely with Vascular and Orthopaedics surgeons. We offer a day case dressing service in co-ordination with the OPAT Service to provide continuing care even after discharge.

**Patient pathway:** We take admissions primarily from Dundee House; a diabetes outpatient service, referrals from the community teams and other wards within the Trust.

## Palliative Care Unit (Hayward House)

**Description:** Hayward House is a 20-bedded palliative care unit.

**Patient group:** The majority of our patients have a terminal cancer diagnosis but we do take non-cancer patients for symptom control and end-of-life care. Our patients have complex symptom control issues which we are able to support them with to return home.

**Patient pathway:** We take referrals from both the hospital and community palliative care teams and GPs.

## Specialist Receiving Unit

**Description:** The Specialist Receiving Unit (SRU) is a 16-bedded admissions unit based at City Hospital

**Patient group:** The unit accepts emergency admissions under the specialities of Haematology, Renal, Oncology, Infectious Diseases, GU Medicine and Diabetes.

**Patient pathway:** Patients are admitted from a range of sources. Many are direct admissions from home: others come from ED, Outpatient and Daycase settings. The majority of patients are transferred to a base ward within 12-24 hours, with a few being discharged directly once they have received the required interventions.

## Toghill/Fletcher Wards

**Description:** Haematology has two ward areas; Toghill is a general haematology ward with 22 Beds and Fletcher is the transplant unit with 18 beds with 3 beds dedicated to the teenage cancer trust.

**Patient Group:** Nottingham is a nationally-recognised transplant unit for adults with haematology malignancy and a specialist tertiary service for lymphoma, myeloma and other haematological malignancies. The Clinical Haematology department is a leading specialist unit providing a full range of progressive therapies including autologous, allogeneic and matched unrelated bone marrow and peripheral blood stem cell transplants for a variety of malignant and non-malignant haematological conditions. Treatment options are curative or palliative in intent and involve the administration of chemotherapy and / or radiotherapy. These interventions are technical and highly aggressive in nature, owing to the life-threatening nature of these diseases.

**Patient pathway:** Emergency patients are admitted admissions via the Specialist Receiving Unit and elective admissions from home.

## Winifred 2 Ward

**Description:** Winifred 2 is a 22-bedded regional Upper Gastrointestinal and General Surgical ward.

**Patient Group:** We serve both the Nottingham and Lincoln area for Upper GI. Our speciality covers disorders of the stomach and oesophagus, often malignancy. Patients require Oesophagectomy or Gastrectomy which requires admission to Critical Care initially for close observation. We also carry out anti-reflux surgery. We have patients under the care of General Surgery which covers procedures such as hernia repairs, cholecystectomies and thyroid surgery and we also take live donors who have donated a kidney. This range of procedures means we have a mix of patient requiring acute care and patients having simple short stay surgery, offering a variety of patient needs.

**Patient Pathway:** The majority of our patients are on an elective pathway and are admitted via the Elective Admissions Lounge, arriving with us post operatively. We regularly take Critical Care step downs. We also admit directly from home, clinic or post endoscopy if required, often for nutritional support.







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